

50+ THINGS TO DO INSTEAD OF SHOPPING

Things to do around the house

- Spend time with your spouse, kids, or roommates
- Declutter a space
- Gather up donations
- Fill a bag of trash and take it out
- Clean out the fridge or freezer (and take note of how much and what food was wasted)
- Cook a creative or fancy meal with what you have on hand
- Play a video game that you've been meaning to get to, or you're nostalgic for
- Read a book from your backlog
- Complete a hobby project you've been putting off
- Work on or complete a DIY project
- Wash your bedding, curtains, etc
- Learn something new
- Write something
- Rearrange your home to redecorate with what you have
- Give your home a deep cleaning
- Reorganize and declutter the kitchen
- Clean out your junk drawer
- Work in the yard
- Try out a new movie or series on Netflix
- Organize your calendar so you're ready for the upcoming weeks or months
- Make some freezer meals to eat later
- Complete a pet care project
- Try some new self care activities
- Catch up with an old friend

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Out of the house activity ideas

- Visit your local library
- Check out a museum or art gallery
- Go for a swim
- Visit with a friend or relative
- Volunteer
- Attend a class or workshop
- Go for a walk
- Run some necessary errands
- Attend a free show or performance
- Invite friends for a potluck picnic

Ideas for families

- Try out a fun activity
- Do a puzzle together
- Play a board game that you already have
- Take the kids to a park or playground
- Help the kids declutter their toys
- Have a garage sale
- Read books from when you were a kid and share them with your kids
- Do a virtual tour of a popular location
- Have a family movie night
- Play an AR game like Pokemon go
- Go to a free library program together

Online activity ideas

- Browse minimalism inspiration on Pinterest
- Play an online game with friends
- Update your details on any social media
- Organize your digital files or photos
- Unsubscribe from ad newsletters
- Leave comments on blogs you love
- Practice your digital photography
- Research local lending libraries
- Network on Twitter
- Make a new online friend